

HealthFrame™
Focusing on Your Family's Health Picture

Your Pregnancy: you and your baby

- Do you need help quitting smoking?
- Are you taking medications that might affect your baby's health and development?
- Avoid drugs, alcohol and caffeine
- Are you keeping up with your pre-natal vitamins?
- Make sure your weight gain is within normal expectations
- Are you part of a prenatal/postpartum personal training program?
- Have any conditions developed as part of your pregnancy (e.g. gestational diabetes, back pain)?
- Is your doctor aware of your questions and concerns?
- Is your OB/GYN aware of your prior and family medical history (conditions, miscarriages)?



- Are you curious to know how much your baby has developed?
- Are you keeping a copy of your baby's ultrasounds?
- Are you having twins? Triplets?
- Will your baby require special attention at birth?
- Are you thinking about breast feeding?
- Do you already have other children? How do they feel about their new sibling?

How can HealthFrame help?

- Organize all your *appointments, tests, and special dates* using HealthFrame's **Calendar**
- Communicate any *Family History* and pre-existing *conditions* to your OB/GYN (HealthFrame's **Reports**)
- Prepare for your doctor's *visits* (write down all your questions/concerns) and keep better track of your medical advise – HealthFrame's **Visit** wizard
- Keep track of your progress or health-related activities using HealthFrame's **Journals**
- Get *customized health information* using HealthFrame's **Medical Reference Library**

HealthFrame™
Pregnancy-focused Product Feature Demo

Track Doctor Appointments, Scheduled Tests

The screenshot shows the HealthFrame Explorer application window for user Susan Taylor. The interface is divided into a left-hand navigation pane and a main content area.

Navigation Pane (Left):

- Views:** Home (selected)
- Basic Information:** Personal Information, Birth Information, Emergency Contacts, Family, Insurance
- Calendar:** (Selected)
- Encounters:** Communications, Visits
- Health:** Activities, Allergies, Conditions, Immunizations, Medications, Tests, Treatments
- Journals:**
- Providers:** Individuals, Organizations
- Reports:**
- Suggestions:**
- Open Pages:** Calendar, Tests, Home

Main Content Area (Right):

Calendar: The calendar is set to April 2005. The date Monday, April 4, 2005, is selected. An appointment for "Dr. Marie Whitman -" is shown on this date.

Date Selected: Monday, April 04, 2005

Events:

Type	Time	Description
Visit	2 PM	Dr. Marie Whitman - Checkup

Buttons for "Add New" and "Close" are located at the bottom right of the main content area.

HealthFrame Explorer [Susan Taylor]

File Edit Navigation Page Options Help

Views

Home > Health > Tests > Test (New)

You are adding information about a medical test you have taken or a set of health related measurements (like your weight, blood pressure, or glucose, etc).

It's best to specify the test type first, using the test type picker () button. This will tell HealthFrame what values to use in the 'Measurements' section.

Summary

Type: Fetal Ultrasonography

Notes:

Ordered

Administered

Measurements

You have not yet added any measurements. Click the 'Add New' pushbutton below to add a new measurement (e.g. height, weight, or any other value appearing as a test result on a printed test report).

Add New

Name	Size
www_radiologyinfo_ob-us-fetal-profiletri1.jpg	10.8 K

Open Extract Delete Add New

Medical Reference Library

US National Library of Medicine (UMLS Information)

UMLS Code: C0162502

Synonyms: Fetal Ultrasound

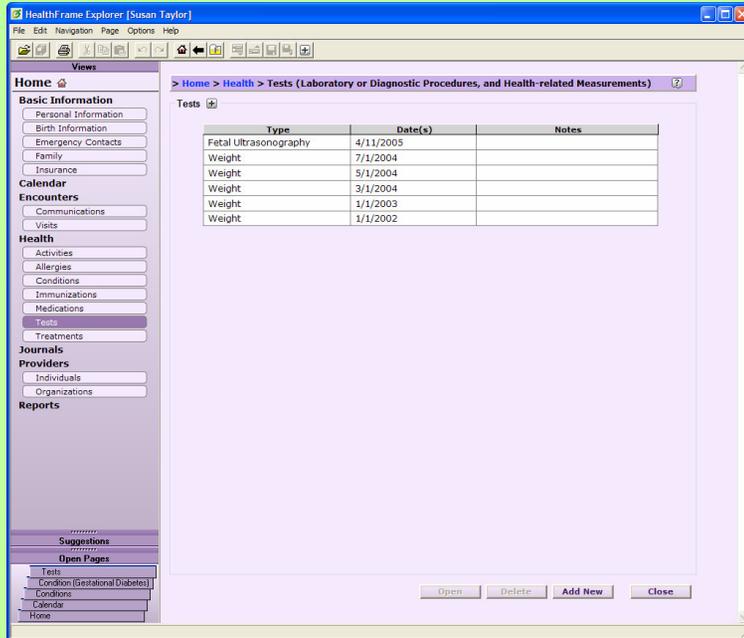
MedlinePlus Lookup



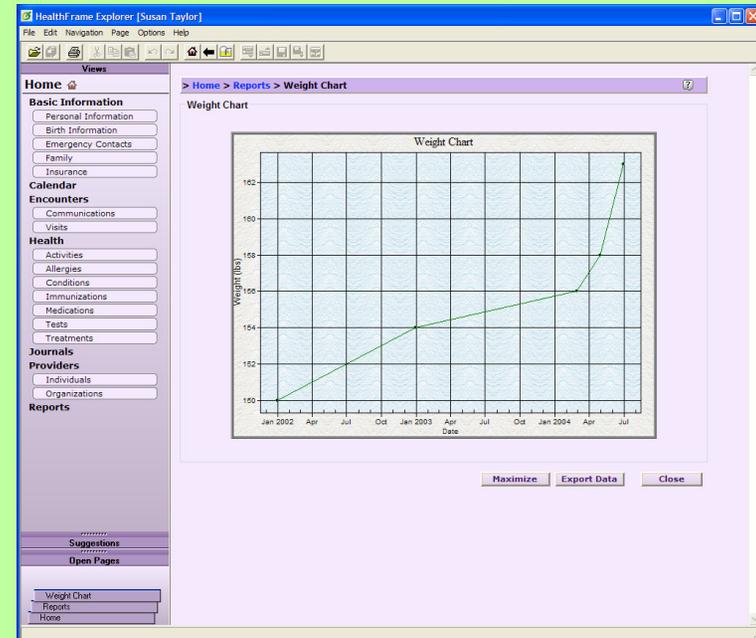
Fetal profile – 1st trimester

Ultrasound picture obtained from <http://www.radiologyinfo.org> (Radiological Society of North America).

Track Your Weight Gain



HealthFrame – Track Weight Measurements



HealthFrame – Weight gain chart

HealthFrame Explorer [Susan Taylor]

File Edit Navigation Page Options Help

Views

Home > Health > Conditions > Condition (New)

You are adding information about a medical condition you now have (or have had in the past).

Medical conditions include things like diabetes, obesity, a broken arm, pregnancy, or other states of being that would require medical attention. You enter the 'type' of condition in the 'type' field, either by directly typing, or by clicking the condition-picker button to the far right of the 'type' field, and selecting from a standardized set of conditions. Selecting a standardized name from the condition-picker dialog allows HealthFrame to better advise you about that medical condition.

Summary

Type: Gestational Diabetes

Start date: 4/4/2005 End date:

Comments:

Symptoms

Related Medications

Related Journals

Related Visits

Medical Reference Library

US National Library of Medicine (UMLS Information)

UMLS Code: C0085207 ICD9 Code: {unknown}

Synonyms: Diabetes Mellitus (gestational), Gdm, Gestational Diabetes Mellitus, Maternal Diabetes, Pregnancy-Induced Diabetes

Description: Diabetes mellitus induced by PREGNANCY but resolved at the end of pregnancy. It does not include previously diagnosed diabetics who become pregnant (PREGNANCY IN DIABETICS). Gestational diabetes usually develops in late pregnancy when insulin antagonistic hormones peaks leading to INSULIN RESISTANCE, GLUCOSE INTOLERANCE, and HYPERGLYCEMIA.

MedlinePlus Lookup

Save OK Cancel

Microsoft Internet Explorer

Search MedlinePlus

MedlinePlus Health Information For You

A service of the U.S. NATIONAL LIBRARY OF MEDICINE and the NATIONAL INSTITUTES OF HEALTH

Search MedlinePlus

Search for "Gestational Diabetes" in MedlinePlus

Health Topics

Diabetes and Pregnancy (20)

Diabetes and Pregnancy (National Library of Medicine)

Are You at Risk for Gestational Diabetes? (National Institute of Child Health and Human Development)

Gestational Diabetes (Mayo Foundation for Medical Education and Research)

Managing Gestational Diabetes: A Patient's Guide to a Healthy Pregnancy (National Institute of Child Health and Human Development)

See all 20 results from Diabetes and Pregnancy

High Risk Pregnancy (22)

Diabetic Diet (25)

Show all Health Topics

Drug Information (314)

Medical Encyclopedia (64)

News (7)

Other (0)

http://www.nlm.nih.gov/medlineplus/medlineplus.html