

healthframe[®]

The Family Health Organizer

"Nearly one of every two U.S. adults has difficulty understanding basic information necessary to make appropriate health decisions."

Connecting Americans to their Healthcare – Executive Summary – July 2004
Connecting for Health – Markle Foundation – A Public-private Collaborative



Make informed decisions about your health and health care

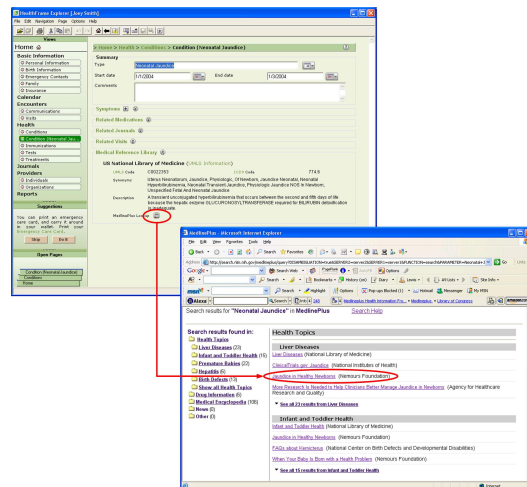
Individuals who have a better understanding of their medical information tend to make better decisions for their health:

- ✓ Medications, given their possible side-effects and interactions
- ✓ Treatments
- ✓ Nutrition and special diets
- ✓ Fitness strategy

Informed consumers need to understand their health records as well as information that pertains to their specific health circumstances.

HealthFrame[™] provides an easy-to-use set of tools that help you organize and understand your medical records:

- ✓ Use wizards for immunizations
- ✓ Import copies of your medical records
- ✓ Keep journals of health related activities (jogging, dieting, etc)
- ✓ Track your medications, tests, conditions, treatments, allergies
- ✓ Prepare for doctor visits, and keep track of the medical advice



HealthFrame[™] Conditions and Internet References

Understand your conditions, recommended treatments, tests and medication

HealthFrame™ automatically uses its knowledge of your specific health information to build your custom medical reference library.

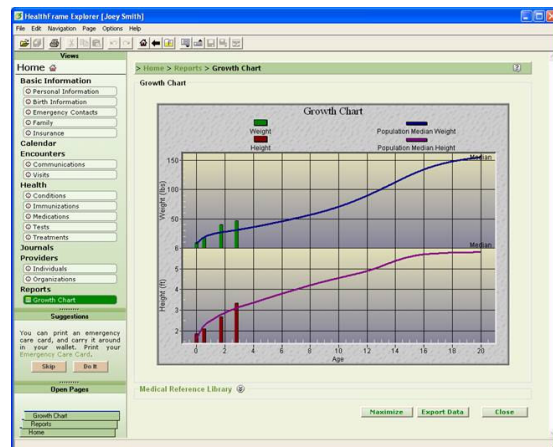
Access more detailed medical information on the internet, from trusted websites such as the U.S. National Library of Medicine.

Your custom medical reference library will point you to relevant information about your family's health information such as conditions, medications, immunizations, and treatments.

Take control of your health and health care

HealthFrame™ provides a number of reports and tools that empower you to make your health information available in a way that's meaningful, understandable and relevant:

- ✓ Growth charts
- ✓ Cholesterol chart
- ✓ Family history report



HealthFrame™ Growth Chart

HealthFrame™ helps you to understand and get more information about health issues that concern YOU.

The Department of Health & Human Services encourages the use of Personal Health Records (PHRs): "Once equipped with the information about their health and health care choices, consumers will be empowered to co-manage their health and participate actively in decisions about their care."

HealthFrame™
Focusing on your family's health picture.

For more information regarding *HealthFrame™* please go to <http://www.HealthFrame.com> or send email to info@RecordsForLiving.com